

Facility Rules

- 1. An official student or faculty/staff ID card must be used to gain entry into the fitness center. Students must be <u>currently enrolled</u> and faculty/staff <u>currently employed</u> to use the facility. No outside guests are allowed. Alumni are allowed but must sign waiver at front desk and check in each visit. Photo ID is required (driver's license will work).
- 2. Shirts must be worn at all times. Sports Bras do not count as shirts.
- 3. Shoes must be worn at all times. No open-toed shoes are allowed.
- 4. No talking on cellphones on speaker phone. Phones may be used for music, with headphones.
- 5. No food, chewing tobacco, or gum allowed in fitness area.
- 6. All drinks must be in a sealed bottle or cup. No open cans allowed.
- 7. Please put all equipment back after use.
- 8. Please do not move equipment from its designated spot.
- 9. Please wipe down equipment after use.
- 10. No chalk allowed.
- 11. For your safety, please use collars when needed (bench press, racks).

These rules have been created to provide an equal opportunity and protect the rights of each participant. As a member of the university community, you have a responsibility to understand and abide by these guidelines. Failure to abide by these rules may result in loss of privileges to this facility.