

## HEALTH HISTORY RECORD

TO THE STUDENT: This is a confidential record. Information you provide will be used solely as an aid in providing health care while you are a student.

**Today's date:** \_\_\_\_\_ **Student ID:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**Home Phone #:** \_\_\_\_\_ **Cell Phone #:** \_\_\_\_\_

**Please check if any blood relatives have ever had any of the conditions below, and list which relative:**

|                     |  |
|---------------------|--|
| Cancer              |  |
| Diabetes            |  |
| Allergies           |  |
| Asthma              |  |
| Heart Disease       |  |
| High Blood Pressure |  |
| Stroke              |  |
| Kidney Disease      |  |
| Stomach Disease     |  |
| Epilepsy            |  |
| Mental Illness      |  |
| Other               |  |

### GENERAL MEDICAL HEALTH HISTORY

Have you EVER had or been diagnosed with the following medical conditions?  
(PLEASE CHECK ALL THAT APPLY)

|                            |  |
|----------------------------|--|
| Scarlet Fever              |  |
| Measles                    |  |
| German measles             |  |
| Mumps                      |  |
| Diphtheria                 |  |
| Typhoid                    |  |
| Poliomyelitis              |  |
| SURGERY:                   |  |
| Appendectomy               |  |
| Tonsillectomy              |  |
| Hernia Repair              |  |
| Other                      |  |
| Ear, nose, throat problems |  |
| Eye problems               |  |
| Gum/tooth problems         |  |
| Sinusitis                  |  |
| Recurrent colds            |  |
| Hay fever                  |  |
| Chicken Pox (Varicella)    |  |

|                           |  |
|---------------------------|--|
| Asthma                    |  |
| Shortness of Breath       |  |
| Chronic cough             |  |
| Chest pain                |  |
| Spitting up of blood      |  |
| Acne/skin problems        |  |
| Night sweats              |  |
| Thyroid Disease           |  |
| Recent weight gain/loss   |  |
| Diabetes                  |  |
| Seizure Disorder/Epilepsy |  |
| Convulsions               |  |
| Recurrent Headaches       |  |
| Head injury               |  |
| Concussion                |  |
| Insomnia                  |  |
| Frequent anxiety          |  |
| Frequent depression       |  |
| Back problems             |  |

|                               |  |
|-------------------------------|--|
| Mononucleosis                 |  |
| Dizziness, fainting           |  |
| Tumor, cyst, cancer           |  |
| High/low blood pressure       |  |
| Heart palpitations            |  |
| Heart murmur                  |  |
| Stomach/intestinal problems   |  |
| Gallbladder disease           |  |
| Diarrhea/constipation         |  |
| Hepatitis/liver disease       |  |
| Hernia                        |  |
| Weakness, paralysis           |  |
| Urinary Tract infections      |  |
| Injury/inflammation of joints |  |
| Ulcer/s                       |  |
| STDs                          |  |
| Loss/rupture of an organ      |  |
| Other                         |  |
|                               |  |

**ALLERGIES – Please check all that apply:**

|                           |  |
|---------------------------|--|
| Medications (please list) |  |
| Insect Bites/Stings       |  |
| Foods (which?)            |  |

**CURRENT MEDICATIONS:** \_\_\_\_\_

**MEDICATION ALLERGIES:** \_\_\_\_\_

**WOMEN'S HEALTH HISTORY (FOR FEMALES ONLY)**

Is your menstrual cycle regular? **YES** **NO**  
 Date of last period: \_\_\_\_\_  
 Severe cramps? **YES** **NO**  
 Excessive flow? **YES** **NO**  
 Other? \_\_\_\_\_

Yes No

|   |  |  |
|---|--|--|
| Has your physical activity been restricted during the past five years? (give details below)                               |  |  |
| Have you had any illness or injury or been hospitalized other than already noted? (give details below)                    |  |  |
| Have you consulted or been treated by any health care provider within the past five years? (other than routine checkups?) |  |  |
| Have you received treatment or consulting for an emotional problem? (give details below)                                  |  |  |

**Comments (use additional paper if needed):**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**VISION**

Have you ever been to an eye doctor? **YES** **NO**  
 Date of last visit: \_\_\_\_\_  
 Corrected vision: Right 20/ \_\_\_\_\_ Left 20/ \_\_\_\_\_  
 Do you wear glasses now? **YES** **NO**  
 Do you wear contact lenses? **YES** **NO**

**DENTAL**

Do you see a Dentist on a regular basis? **YES** **NO**  
 Date of last visit: \_\_\_\_\_

\_\_\_\_\_  
 Signature of Student Date

\_\_\_\_\_  
 Signature of Parent or Guardian (Required if student is under 18) Date

Please return to: Student Health Services