

Dear University of La Verne Student,

## Congratulations and welcome to the University of La Verne and Student Health Services.

Prior to enrollment a Physical Examination Form and Immunization Record is required. These documents provide us with a history of previous medical care and are the basis for your continued medical care at the University. Please return these forms as soon as possible.

## **Instructions for Completing your Health Requirements**

1. All completed health forms must be submitted three weeks prior to start date of class to Student Health Services for those entering the University for the first time. These forms can be accessed through our website http://laverne.edu/health-services/ and hand delivered or mailed to:

> University of La Verne **Student Health Services** 1950 Third Street La Verne, CA 91750

- 2. The Physical Examination Form and Immunization Record must be completed and signed by a health care provider. It cannot be completed by a parent or student. The Health History Record and the Summary of Notice for Privacy Practices must be completed by the student. If you are a minor (under 18) at the time the forms are being completed, they must be co-signed by a parent or guardian.
- 3. The Physical Exam and Negative TB Skin Test must be completed within the past year prior to the 1st day of classes. If you have a history of a positive TB Skin test, you will need proof of a chest x-ray within the past year.
- 4. The **Tdap** (Tetanus/Diphtheria/Pertussis) vaccine must be given within the past 10 years.
- 5. Immunization records are required to prevent outbreaks of communicable diseases on campus as well as to help recognize students who may be at risk. If your immunization records cannot be located, you have two options:
- a) Re-immunization
- b) A blood test to determine immunity to Measles, Mumps, and Rubella and Hepatitis B. If the blood test indicates no immunity to MMR or Hepatitis B, re-immunization will be necessary.
- 6. If you had chicken pox (Varicella) as a child, please make sure your provider indicates the month and year you had the disease. A positive Varicella titer will be accepted if no records are available. If you have NOT had chicken pox in the past, you will need to provide written documentation of two doses of the Varivax vaccine at least 28 days apart.
- 7. To fulfill the meningococcal requirement, you must have received the (MCV4) within the past 5 years. The (Men B) vaccine is highly recommended for this age group.

For any additional questions or to schedule an appointment, please contact Student Health Services at (909) 448-4619. Thank you for your cooperation. Your compliance helps protect the health of the entire campus community.

Jamie Solis, Director of Student Health Services