

Hello incoming/returning housing student,

Per California health and safety code (HSC) Chapter 1.7, 120395-120399, universities are required to present information to students and parents on Meningococcal disease. Meningococcal disease commonly occurs in housing students. In compliance with the regulation, please read the following disclosure form. This document must be signed by the student (and parent if the student is under age 18) and uploaded into the MedProctor portal.

Thank you for your compliance.

Student Health Center

California State Required Meningitis Awareness Disclosure Form

California law requires that universities educate students about the risk of Meningococcal disease, commonly called "Meningitis". The incidence of Meningitis is relatively rare occurring at about one case per 100,000 persons per year. Older adolescents and young adults have the highest rate of meningococcal disease with the highest prevalence being college freshman living in dorms.

What is Meningococcal Meningitis?

Meningococcal meningitis is a serious illness caused by bacteria that can infect the blood or areas around the brain and spinal cord. The infection can lead to brain damage, disability, and rapid death.

How Serious Is It?

About 1 in 10 people who get meningococcal disease will die from it even if treated. Up to 1 in 5 survivors will lose a limb, become deaf, suffer brain damage, or have other complications.

How is Meningitis Spread?

Meningitis is spread from person to person through air droplets or by direct contact with infected individuals. Close contact such as kissing, sharing eating utensils or water bottles, coughing, smoking, and living in crowded conditions (like dorms) can increase your risk of getting the disease.

What Are The Symptoms?

The most common symptoms include stiff neck, headache, and high fever.

How Can I Protect Myself?

Meningococcal vaccines can help prevent the disease. Not sharing items that have touched someone else's mouth, and getting vaccinated against the disease or other protected habits.

Is There a Vaccine For Meningitis?

There are two vaccines available in the US. Meningococcal conjugate vaccines (MCV4,) protects against four deadly types of meningitis. Students should have received a dose in primary school. MenB vaccine protects against the most common cause of bacteria meningitis among teens and young adults. This vaccine is highly recommended for students *living in on-campus housing*.

Complete the information below and upload your immunization records to the MedProctor portal. See the ULV SHC webpage for further information.

☐ I have read the information on Meningococcal disease. If you have questions, please contact the student health center at 909-448-4619.

It is the responsibility of the student to submit proof of immunization to the SHC. The document will be reviewed for compliance. Student will be contacted if the document does not meet the requirements and given further advise.

Print Name Legibly

Signature of Student

Student ID

Date

Parent/Guardian signature (if student under age 18)

Print Name Legibly