

Personal Growth 2004

National Survey of Student Engagement (NSSE) Results

Report prepared: October 2005

Learning Outcome

The academic and co-curricular experiences of students at the University of La Verne will lead to personal growth and development.

Method

The NSSE items in the table below relate to the ULV General Mission of promoting Personal Growth in terms of spirituality and self-understanding. Among the respondents, traditional students compose 65% of the freshmen and 13% of the seniors.

Findings

- Seniors participate at ULV in **spiritual** activities quite infrequently but more often than freshmen and about as often as the national norm. Moreover, ULV's contribution to a deepened sense of spirituality is considered to be minimal by freshmen and seniors.
- Freshmen and seniors report ULV's contribution to **self-understanding** as above average and to the same extend, and similar to their respective national norms.

Action recommendation

- Create curricular and co-curricular opportunities for personal exploration and reflection.

Dissemination and Action Planning

During the 2006-2007 academic year this information will be shared during luncheon meetings with stakeholders, such as students, faculty, student affairs officers, and University Counseling Center staff, to develop action plans.

Table 1
 NSSE (04) Comparison of ULV Freshman and Senior mean scores to the norms of Doctoral Intensive Universities on **General Mission: Personal Growth** items.

	Freshman		Seniors	
	ULV (n=84)	Doctoral Int	ULV (n=98)	Doctoral Int
	mean	mean	mean	mean
6c. In your experience at your institution during the current school year, about how often have you: <i>Participated in activities to enhance your spirituality (worship, meditation, prayer, etc.)?</i> (1=Never, 4=Very Often)	1.63*	1.88*	1.85	1.95
11k. To what extent has your experience at this institution contributed to your knowledge, skills, and personal development in: <i>Understanding yourself?</i> (1=Very Little, 4=Very Much)	2.80	2.61	2.79	2.69
11p. To what extent has your experience at this institution contributed to your knowledge, skills, and personal development in: <i>Developing a deepened sense of spirituality?</i> (1=Very Little, 4=Very Much)	1.86	1.89	1.90	1.74

Asterisk Under ULV indicates significant difference between the two ULV samples, and under Doctoral Intensive indicates significant difference between the ULV sample and the Doctoral Intensive norms.

*p<.05