


# Pre-Arrival Handbook For F-1 Visa Students

The background of the cover features a stylized illustration of several palm trees in a light orange color, set against a solid orange background. The trees are positioned on the right side of the page, with their fronds extending towards the center.

University of  
La Verne

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# Welcome to University of La Verne!

## Welcome to Southern California, and welcome to the University of La Verne!

We are so glad that you have chosen us to be your study destination. We are very excited to have you on our campus, and we hope that you will find your time here to be both personally and academically rewarding.

Whether in a graduate or undergraduate program, you will gain a distinctive, quality, values-based education that prepares you for the demands of tomorrow. Our expert faculty will challenge you to think creatively, communicate effectively, master your subject, and serve your community with integrity.

The international student population at University of La Verne is a vibrant and growing community of more than 650 students from multiple countries, such as China, Taiwan, South Korea, Japan, Saudi Arabia, and Brazil. We are dedicated to serving our international population and their needs. You will find that the university offers a diverse and culturally inclusive environment that makes students feel like they belong.

### **The Office of International Student Services and Engagement (OISE) provides:**

- Designated School Officials (DSOs) to help you with your F-1 student status and I-20 questions
- Curricular practical training (CPT) and Optional practical training (OPT) you can apply for
- Cultural activities and events that help you familiarize yourself with the Greater Los Angeles area and meet new friends.

It is our goal to keep you informed on immigrant news, cultural activities, workshop announcements and special events, so please keep your local contact information current on your MyLaVerne portal at: [laverne.edu/mylaverne](https://laverne.edu/mylaverne).

We wish you all the best in your studies and future endeavors in this new chapter of your life!

# New F-1 Students Outside the U.S.

Carefully review your I-20 immediately after receipt. The information in your passport should match the information on your I-20.

## Step 1: Apply for an F-1 Visa

Now that you have been admitted to University of La Verne, you will need to apply for an F-1 student visa at your nearest U.S. Embassy or Consulate ([usembassy.gov/](http://usembassy.gov/)).

Below is a general checklist for an F-1 visa application. Please be aware that the requirements may vary. Check with your U.S. Embassy or Consulate for specific details.

## Making Your Appointment at the U.S. Embassy/Consulate

To make an appointment at a U.S. Consulate visit: [usembassy.gov](http://usembassy.gov). Please note that processing does not include possible wait times for security clearances, so make your appointment well in advance. Information on visa wait times is available at [travel.state.gov/content/travel/en/us-visas/study/student-visa.html](http://travel.state.gov/content/travel/en/us-visas/study/student-visa.html).

**Before your interview, we recommend you prepare by reading the following:**

Applying for Your Visa: [educationusa.state.gov/your-5-steps-us-study/apply-your-student-visa/short-term](http://educationusa.state.gov/your-5-steps-us-study/apply-your-student-visa/short-term)  
Campus Life in the USA: [share.america.gov/campus-life-in-usa/](http://share.america.gov/campus-life-in-usa/)

Ten Points to Remember When Applying for a Non-Immigrant Visa:

[nafsa.org/professional-resources/browse-by-interest/10-points-remember-when-applying-student-visa](http://nafsa.org/professional-resources/browse-by-interest/10-points-remember-when-applying-student-visa)

\*\*\*If you are approved, the consular officer will place an F-1 visa in your passport.\*\*\*

### Items to take to the Embassy or Consulate for your visa interview:

- ☐ Evidence of financial support for the period of time and amount indicated on the I-20 form
- ☐ Your acceptance letter from University of La Verne
- ☐ A passport (valid for at least six months)
- ☐ Evidence of English proficiency
- ☐ Proof that you have a permanent residence outside the U.S.
- ☐ An online non-immigrant visa application, form DS-160.  
You must:
  1. Complete the online visa application at [ceac.state.gov/genniv/](http://ceac.state.gov/genniv/)
  2. Print the application barcode page to bring to your interview
- ☐ One 2" X 2" photograph.
- ☐ The SEVIS I-901 Fee receipt (if applicable). If you do not currently have F-1 visa status, then you will be required to pay the fee. For more information visit: [ice.gov/sevis/i901](http://ice.gov/sevis/i901)
- ☐ Evidence supporting your non-immigrant intent. You must establish that you have no intention of staying in the U.S. permanently, but are coming here for a temporary purpose, like pursuing your educational goals. Some examples of relevant ties that show you do not intend to stay in the U.S. permanently are a job, a house, social and family relationships, or a bank account in your country. Consular officers are aware that ties vary from person to person

## Step 2: Travel to the U.S.

After obtaining the F-1 student visa, arrange your travel to the United States. Please keep in mind that students cannot enter the U.S. earlier than 30 days before the program start date on the I-20.

Upon arrival to the U.S., students must present the following documents to the inspecting officer:

- Passport (valid for at least six months)
- F-1 Visa
- Financial Documents
- I-20
- SEVIS Fee Receipt

For more information on what to expect studying in the U.S., please see: [studyinthestates.dhs.gov/students](https://studyinthestates.dhs.gov/students)

## Step 3: Report to University of La Verne

You must report to your Designated School Official (DSO) at the University of La Verne within 30 days of the program start date on your I-20. Please visit the Office of International Services and Engagement (OISE) with the following documents:

- Passport
- F-1 Visa
- I-94
- I-20 (stamped by immigration)
- Current U.S. Address and Telephone Number

## Checklist – Prepare Ahead!

- ☐ Arrange your travel to the U.S. to arrive early enough for orientation. Note that F-1 visa holders cannot enter the U.S. earlier than 30 days before the start date of the I-20 form. You must arrive at University of La Verne by the program start date on the I-20 form
- ☐ Pay your I-901 SEVIS fee and print your receipt for payment. Instructions are included on page 11
- ☐ Secure housing accommodations either through homestay options, apartment/house rental, hotel, or room rental
- ☐ Determine out how much money you will need for tuition, fees, and living costs. Plan how to get money from home while you are in the U.S.
- ☐ Plan your transportation to and from classes
- ☐ Write down your emergency contacts with phone numbers and addresses to bring with you
- ☐ Map out the area where you intend to live
- ☐ Arrange your transportation from the airport

# Incoming Students Already in the U.S.

## Currently in status other than F-1

Students who do not plan to leave the U.S. before beginning studies at University of La Verne, and are currently in an immigration status other than F-1 are required to change status by application to U.S. Citizenship and Immigration Services (USCIS). In general, non-immigrants who are maintaining lawful status may apply for a change of status to F-1. The form and instructions can be found at [uscis.gov/i-539](https://uscis.gov/i-539).

It is important to note that a change of status from B-1 or B-2 visitor status may be very difficult unless the B-1 or B-2 entry visa was issued with the notation “prospective student.” B-1 and B-2 statuses are prohibited from enrolling in classes until the change of status to F-1 has been approved. F-2 individuals can enroll in classes part-time before they are approved for F-1 status.

## Continuing University of La Verne students pursuing additional programs

If you are completing one program at University of La Verne and are pursuing an additional degree or program, you will need to go through the Admissions Office to complete a new application for your desired program. Please contact [gradadmission@laverne.edu](mailto:gradadmission@laverne.edu) with additional questions.

In addition, the OISE will need to issue you a new I-20 for your new program within 60 days of the completion of your current I-20. We will then contact the Department of Homeland Security (DHS) so that they are aware of your new I-20.

## Currently in F-1 status at another institution and transferring to University of La Verne

Students enrolled in another U.S. institution under F-1 immigration status who are enrolling at University of La Verne must complete a process in which the Department of Homeland Security (DHS) is notified of this change.

## Transfer Your SEVIS Record

Contact your current school, and request to have your SEVIS record transferred at the end of your school’s term or session. University of La Verne’s SEVIS School code is LOS214F00321000. You must maintain your F1 status with your school before transferring to La Verne. Do not transfer your SEVIS record if it is “Terminated” or “Completed.” This process is not complete until you report to the University of La Verne’s Office of International Services and Engagement within 15 days of the program start date on your I-20.

## Students Accompanied by Dependents

If your dependents, spouse or unmarried child(ren) under 21 years of age will accompany you to the U.S. or join you shortly after your arrival, you will need to provide the Office of International Services and Engagement with additional documentation showing your sufficient funding to meet your dependents’ expenses which they will use to apply for the F-2 visa. You may request an I-20 for your dependents anytime during your studies.

# Canadian Citizens

## Step 1: Travel to the U.S.

Canadian citizens do not need to obtain an F-1 visa to study in the U.S. However, you will be required to pay the SEVIS fee. Please keep in mind that students cannot enter the U.S. earlier than 30 days before the program start date on the I-20. Upon arrival to the U.S., students must present the following documents to the immigration officer:

- Passport
- I-20 (Don't forget to sign your name on item 11 of the form)
- SEVIS fee receipt (**FMjfee.com**)
- Evidence of financial support
- Evidence of non-immigrant intent

Be sure to ask the immigration officer to stamp your I-94 card and I-20 with "F-1 D/S (Duration of Status)" so that you'll have F-1 status. If you are admitted to the U.S. without an I-94 indicating D/S or Duration of Status, you will be considered a "tourist" and therefore prohibited from studying. It is important that you tell the immigration officer that you will be a student.

## Step 2: Report to the University of La Verne

You must report to your Designated School Official (DSO) at the University of La Verne within 30 days of the program start date on your I-20. Please visit the Office of International Services and Engagement with the following documents:

- Passport
- I-94
- I-20
- Current U.S. address and telephone number

# Important Information for Incoming Students

United States Immigration and Customs Enforcement requires that all international students pay the I-901 SEVIS fee of \$350 for the F-1 visa.

**Please follow these directions at least four to five days before you go to the U.S. Consulate for your interview:**

1. Go to the website **FMjfee.com**
2. Read the directions
3. Complete form I-901 online
4. Submit payment by using a credit card or read alternate instructions for paying by mail
5. Print the confirmation of payment/receipt from the website
6. The payment confirmation can be printed anytime under "Check I-901 Status/Print Payment Confirmation" after entering your SEVIS ID, last name, and date of birth
7. Take receipt of SEVIS payment with your passport, your I-20, and your financial documents to the consulate for the interview

**NOTE: If you do not pay the I-901 fee, you will not be able to complete the interview at the embassy or consulate.**

## Immunizations and Health Records

Prior to enrollment, submitting a Physical Examination Form and an immunization record to the University of La Verne's Student Health Services is highly recommended. These documents provide us with a history of previous medical care and are the basis for your continued medical care in college. Please turn in these forms as soon as possible.



## Instructions for Completing Your Health Requirements

The Physical Examination Form and an immunization record must be completed and signed by a health care provider. It cannot be completed by a parent or student. The Health History Record and the Summary of Notice for Privacy Practices must be completed by the student. If you are a minor (under 18) at the time the forms are being completed, they must be co-signed by a parent or guardian.

The physical exam and tuberculosis skin test must be completed within the past year prior to the 1st day of classes. If you have a history of a positive tuberculosis skin test, you will need proof of a chest x-ray within the past year. The Tdap (Tetanus/Diphtheria/Pertussis) vaccine must be given within the past 10 years. Td (Tetanus/Diphtheria) alone will not be accepted.

All completed health forms must be submitted to Student Health Services. These forms can be accessed here: **[laverne.edu/health](http://laverne.edu/health)**. Scan the completed form(s) and either email them to [studenthealthcenter@laverne.edu](mailto:studenthealthcenter@laverne.edu) or mail them to:

**University of La Verne  
Student Health Center  
1950 Third Street  
La Verne, CA 91750**

Immunization records are required to prevent outbreaks of communicable diseases on campus as well as to help recognize students who may be at risk. If your immunization records cannot be located, you have two options:

- a. Re-immunization
- b. A blood test to determine immunity to measles, mumps, and rubella and hepatitis B. If the blood test indicates no immunity to these diseases, re-immunization will be necessary

If you had chicken pox (varicella) as a child, please make sure your provider indicates the month and year you had the disease. A positive varicella titer test will be accepted if no records are available. If you have not had chicken pox in the past, you will need to provide written documentation of two doses of the Varivax vaccine at least 28 days apart.

To fulfill the meningococcal requirement, you must have received the Meneveo or Menactra vaccine (MCV4) within the past 5 years.

For any additional questions or to schedule an appointment, please contact Student Health Services at +1 909-448-4619. Additional resources can be accessed at **[laverne.edu/health](http://laverne.edu/health)**.

## Health Insurance

### Student Accident and Sickness Insurance Plan

The University Student Medical Insurance is required for all full-time (12 or more credit hours) undergraduate students. Full-time undergraduates are enrolled in the plan automatically and the premiums are included in the cost of tuition. If a student drops below full-time status, coverage is not provided automatically and, if eligible, must be purchased separately by the student through the university.

International graduate students (3 or more credit hours) are automatically enrolled in the University Student Medical Insurance plan and will be billed separately through the university.

All other eligible term- and semester-based students who are at least half time and wish to purchase the student medical insurance must do so prior to the last day of the add/drop period for each term or semester. To enroll, please contact Student Accounts.

Please contact the director of Student Health Services at +1 909-448-4441 for additional information or clarification.

# Important Things To Do Before Classes Begin

## Setup Your La Verne Portal

Please visit **[myportal.laverne.edu/web/mycampus/new-user-signup](https://myportal.laverne.edu/web/mycampus/new-user-signup)**.

1. Enter your 8-digit User ID, Last name and your role (student). Your 8-digit User ID is your University of La Verne identification number located on your acceptance letter.
2. A temporary password will be sent to the personal email account you used when creating your application.
3. Using your user name and temporary password provided in the email sent to your personal email account, log in here: **[myportal.laverne.edu/group/mycampus/change-password](https://myportal.laverne.edu/group/mycampus/change-password)**
4. Create a new password and verify the new password. Click submit.
5. Now you may log in using your user name and new password at: **[idp.quicklaunchsso.com/laverne](https://idp.quicklaunchsso.com/laverne)**

## How to Pay Your Tuition

The university accepts payments by cash, check, credit card, money order, traveler's check, wire transfer, or by electronic check through MyLaVerne.

Accepted forms of credit card payment include: VISA, MasterCard, and Discover. Credit card payments may only be made online.

The tuition charged a student will be the rate that is current for the program in which the student is enrolled, regardless of the course in which the student enrolls.

## Pay Online

1. Visit **[laverne.edu/mylaverne](https://laverne.edu/mylaverne)** and click on MyLaVerne/Banner
2. Log in with your 8 digit student ID number and your PIN number
3. Click on Student Services & Financial Aid
4. Click on Student Accounts
5. Click on the My Student Account Center button
6. Click on Make a Payment

## Pay By Mail

Make all checks and money orders payable to the University of La Verne in U.S. funds. Your student ID number must be clearly printed on the check. Please mail to:

**University of La Verne**  
**Attn: Student Accounts**  
**1950 Third Street**  
**La Verne, CA 91750**

## Pay in Person

Students who pay in person should bring their cash or checks to the Office of Student Accounts located in Woody Hall on the main campus in La Verne. You may also drop off your payment after hours in the drop box located outside of Woody Hall. Please do not deposit cash in the drop box.

## Pay via Wire Transfer

Please use the foreign currency option for international and domestic wire payments with Western Union. This can be found in your My Student Account Center which is accessed through MyLaVerne.

## Payment Plan

Here are the steps to enroll in a payment plan:

1. Visit **[laverne.edu/mylaverne](http://laverne.edu/mylaverne)** and click on MyLaVerne/Banner
2. Log in with your 8 digit student ID number and your PIN number
3. Click on Student Services & Financial Aid
4. Click on Student Accounts
5. Click on the My Student Account Center button
6. Click on the View Payment Plan Options tab and follow directions

All students electing a deferred payment plan who do not meet their payment dates will be assessed a monthly late payment fee of \$35. The university reserves the right to impose finance charges on all unpaid balances.

# Resources, Services, and Other Important Details

## University of La Verne ID

You will have your picture taken for a student identification card in the Registrar's Office at Woody Hall. Be sure to bring your passport or another form of photo ID with you. This card, when accompanied by the appropriate stickers, allows you to take advantage of a number of campus activities. If you live on campus or have a meal plan, it is your dining card. The card also serves as your library card and can be used to gain access to free meals offered to students or for off-campus events where student discounts are offered.

## Parking Permit

A valid parking permit, day pass or guest pass, must be displayed to park on the University of La Verne campus Monday through Friday from 7 a.m. - 7 p.m. Vehicles not displaying a valid permit or pass are subject to citation and/or towing.

Parking permits are free. To request a parking permit, log in to your La Verne Portal at **myportal.laverne.edu** and click on Parking Pass under the student resources.

Vehicles may not park in 20 minute parking stalls, "Reserved" parking stalls, handicap parking stalls without a handicap placard or plate, or in fire lanes at any time. Violators may be cited and/or towed at the owner's expense.



## Bookstore

Please visit **bkstr.com/lavernestore/home** to purchase textbooks or University of La Verne merchandise!

Address: 2165 D Street, La Verne, CA 91750

Phone number: +1-909-593-8962



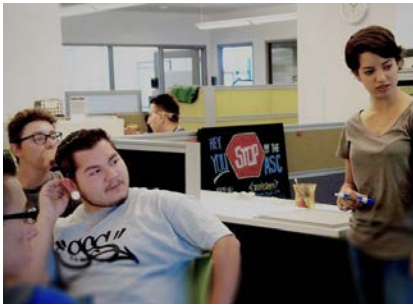
## Wilson Library

The University of La Verne's Wilson Library offers a variety of research resources for both undergraduate and graduate students. In addition to books and research journals that are available in print and digital formats, the library also has collections of DVDs, streaming media, and more. If the library does not house a resource that a student needs, LINK+ or the interlibrary loan system can be utilized to borrow books or articles from another library. Students can also make use of the archives and special collections available at Wilson Library

to gain insight into the history of the university, as well as the city of La Verne.

With a mix of group and individual study spaces available, the library is a great place to do homework, work on projects, and prepare for exams. Students also have access to the library's makerspace, where they can utilize the 3-D printer, laser cutter, Raspberry Pi, and Arduino kits. A number of workshops and events are also held at Wilson Library throughout the year.

Our librarians are always available to help students find what they need. Students can contact a librarian through our 24/7 chat, email, text, or phone. They can also make an appointment to meet with a librarian in person or online. Please check the website: **library.laverne.edu** for hours or contact them at +1 909-448-4301



## Academic Success Center

The University of La Verne's Academic Success Center (ASC) is dedicated to providing all students with the tools and resources they need to become—and remain—confident, curious, and engaged learners.

ASC has offered key academic support to the students of the University of La Verne for almost 30 years. They hold level three certification through the College Reading and Learning Association, and now offer online tutoring.

The ASC supports all university campuses through individual, group, and online tutoring. Our tutors help students connect with both the learning process and what they're learning, resulting in a student who is deeply engaged in the courses they take. You may book a tutoring appointment on their website at: [laverne.edu/asc](http://laverne.edu/asc).

## The Randall Lewis Center for Well-Being and Research

The Lewis Center provides resources for physical, emotional, and mental well-being for students, faculty, and staff at the university and its surrounding region. The University of La Verne is dedicated to holistic education, and how well a student feels in all areas of their life impacts their capacity to learn and succeed in their studies and after graduation. Acknowledging the deep connections between well-being and higher education, the Lewis Center provides:



- Wellness programming in areas including mindfulness, managing stress, sleep hygiene, nutrition, and sexual health
- A fitness center, including indoor and outdoor fitness areas, studios for movement classes, and locker rooms with showers
- Spaces to gather and collaborate on issues of well-being
- Online resources for the university community, including regional and online campuses
- Teaching and collaborative research opportunities for students and faculty to advance knowledge about the field of well-being

## Counseling and Psychological Services (CAPS)

The University of La Verne Counseling and Psychological Services (CAPS) provides students with a full range of counseling services to assist with anxiety and stress management, adjustment issues, mental health treatment, eating disorders or substance abuse, or any other mental or emotional health issues. Services are free for students with the University Student Medical Insurance plan.

The mission of CAPS is to educate and to promote personal growth and psychological well-being for students at the University of La Verne.

Every student has a right to achieve their full human potential. If you need help, please call +1-909-448-4105, email [caps@laverne.edu](mailto:caps@laverne.edu) or visit to set an appointment. CAPS is located at 2215 E Street, through the door on the left.

CAPS offers:

- Individual counseling
- Psychiatric evaluations
- Crisis support (in the office when CAPS is open and via the phone after hours)
- Referrals to professionals outside the university

If you are in crisis, call the National Suicide Prevention Lifeline at 988 or text TALK to the Crisis Text Line at 741741.



# After You Arrive in the U.S.

## Transportation

### Ground Transportation from Los Angeles Airport (LAX)

If you need transportation from the airport after arriving to the U.S., you can catch a Lyft or Uber, jump in a shared ride van, get a taxi, or rent a car.

### UBER, LYFT, or Sidecar

The average cost is \$60-65. Be sure to download the apps to your cellphone before your flight. LAX now has an LAX-it shuttle that will drop you off at the rideshare pickup area where you can order a ride from your phone apps.

Uber – [uber.com/ride](https://uber.com/ride)

Lyft – [lyft.com/rider](https://lyft.com/rider)

Sidecar – [side.cr](https://sidecar.com)

### Taxi

Taxis can be found right outside of the arrivals level.

### Shared Ride Vans

You can take a shared ride van directly to La Verne or any location in Los Angeles. Shared ride vans are located in the designated ground transportation areas just outside baggage claim areas. Each van will have a sign on it indicating its destination. The cost is approximately \$15-35 for transportation from LAX to any specified locations in LA with an optional tip recommended for the driver.

### Airport Shuttles

#### Prime Time Shuttle

[primetimeshuttle.com/airports/lax-airport-shuttle](https://primetimeshuttle.com/airports/lax-airport-shuttle)  
+1-800-733-8267

#### Xpress Shuttle

[reservations.xpressshuttles.com](https://reservations.xpressshuttles.com)  
+1-866-805-4234

### Car Rentals

Alamo – [alamo.com](https://alamo.com)

Avis – [avis.com](https://avis.com)

Budget – [budget.com](https://budget.com)

Dollar – [dollar.com](https://dollar.com)

Enterprise – [enterprise.com](https://enterprise.com)

Hertz – [hertz.com](https://hertz.com)

### Local Bus Transportation

#### Foothill Transit

[foothilltransit.org](https://foothilltransit.org)  
+1-626-967-3147

### Directions to the University from Los Angeles Airport (LAX)

1. Get on I-105 East from South Sepulveda Boulevard
2. Follow I-105 East, I-605 North and I-10 East to Fairplex Drive in Pomona. Take exit 43 from I-10 East
3. Follow Fairplex Drive to Arrow Highway in La Verne

## Ontario International Airport (ONT)

Alternatively, students can choose to arrive at Ontario International Airport instead of LAX if it is more convenient. Public transportation is available at ONT.

## Transportation Around La Verne

No car? No problem! Los Angeles is huge, which is why going anywhere outside of your neighborhood might seem a bit daunting. Don't fret! There are several ways to get around if you don't have a car, or if you simply don't feel comfortable driving in certain parts of LA.

**Carpool with a friend:** Many students have cars. Don't be afraid to ask for a lift from one of your licensed and insured peers.

**Take a taxi:** Taxis in LA tend to be more expensive than other options, though are sometimes necessary in the event that you cannot access other modes of transportation or in cases of emergency.

**Rideshare (Lyft, Uber, Sidecar):** Rideshare apps tend to be cheaper than conventional taxis and are a convenient and safe option for smartphone users as cash is not required – the app store charges each ride to your credit card.

**Take a train, bus, or subway:** Los Angeles has an efficient public transportation system. Always remember to plan your route and check operating hours ahead of time.

### Helpful links

Foothill Transit – [foothilltransit.org](http://foothilltransit.org)

Metrolink – [metrolinktrains.com](http://metrolinktrains.com)

LA Metro – [metro.net](http://metro.net)

Uber – [uber.com/ride](http://uber.com/ride)

Lyft – [lyft.com/rider](http://lyft.com/rider)

Sidecar – [side.cr](http://side.cr)

### Getting a Driver's License

In order to get a driver's license in California, there are two steps that you must follow:

1. Study the handbook to prepare for your test. You can pick up the California Driver's Handbook in any DMV office. This is also located online at: [www.dmv.ca.gov/portal/handbook/california-driver-handbook](http://www.dmv.ca.gov/portal/handbook/california-driver-handbook) (you can print it out, but keep in mind it is 132 pages long). The handbooks are available online in a variety of different languages such as Korean, Chinese, Japanese, Arabic, etc.
2. Once you have studied the test, and you feel prepared, you may make an appointment at:  
[dmv.ca.gov/portal/make-an-appointment](http://dmv.ca.gov/portal/make-an-appointment)

The closest DMV office to the University of La Verne is in Pomona:

**1600 S. Garey Ave.  
Pomona, CA 91766  
+1-800-777-0133**

When you go to the DMV to take your driver's test, you will need:

1. Your passport
2. Your school ID
3. Your I-20 and I-94
4. Proof of car insurance
5. Proof of residence

## Housing

All housing residents enjoy:

- Educational and social programming geared for fun and personal growth
- Academic success initiatives
- Complimentary internet service through the university's wireless network



### Citrus Hall

Citrus Hall, which opened in Fall 2018, is a five-story building that includes community lounges, study spaces, and a 16,600-square-foot dining hall known as The Spot. The residence hall houses approximately 400, mostly first-year, students.



### Vista La Verne

Vista La Verne is a stylish home for 378 students. The units are suite style with each unit featuring two single rooms, two double rooms, four private bathrooms and a living room.



### The Oaks

The Oaks is ideal for students interested in making friends and developing a strong sense of community! Comprised of six units, these halls are home to approximately 250 students. The floors are coeducational and have separate gendered bathrooms.

# Suggested Packing List

## Shower

- ☐ Towels/washcloths
- ☐ Mesh sponge
- ☐ Shower tote/caddy
- ☐ Toothbrush/soap case
- ☐ Robe
- ☐ Slippers
- ☐ Shower shoes

## Sleep

- ☐ Bed pillows/protector
- ☐ Mattress pad
- ☐ 2-3 sheet sets (Twin XL)
- ☐ Comforter (down or alternative)
- ☐ Body pillow/covers
- ☐ Duvet cover/duvet clips
- ☐ Throw/blanket
- ☐ Alarm clock

## Relax

- ☐ Fan
- ☐ Backrest
- ☐ Bungee chair
- ☐ iPod speakers

## Cleaning

- ☐ Vacuum
- ☐ All purpose cleaner
- ☐ Cleaning cloth
- ☐ Iron/ironing board

## Organize

### Over the door

- ☐ Shoe storage
- ☐ Hooks/hook rack

### Under the bed

- ☐ Under-bed storage (plastic bins)

### Inside Closet

- ☐ Hangers
- ☐ Accessory organizers
- ☐ Garment storage

## In the Room

- ☐ Trash can
- ☐ Adhesive hooks
- ☐ Mini fridge (3.6 cubic feet)

## Connect

- ☐ USB wall adapters
- ☐ Laptop accessories
- ☐ Ear buds/headphones
- ☐ Portable phone/laptop charges
- ☐ HDMI cable
- ☐ Ethernet cable

## Study

- ☐ Desk lamp
- ☐ Desk organizers
- ☐ Lap desk
- ☐ Message/bulletin board
- ☐ Calendar
- ☐ School supplies

## Grooming

- ☐ Hair dryer
- ☐ Hair straightener/styler
- ☐ Personal toiletries

## Laundry

- ☐ Debit card/credit card
- ☐ Laundry basket
- ☐ Laundry detergent

## Decorate

- ☐ Area rug
- ☐ Picture frames
- ☐ Wall art
- ☐ Window

## Local Hotels and Motels:

### Sheraton Fairplex Hotel and Conference Center

- One king bed suite is approximately \$205 per night)
- 601 W. McKinley Ave., Pomona, CA 91768
- Website: marriott.com
- +1-909-622-2220

### Best Western San Dimas Hotel and Suites

- 1 Queen Suite \$125 (est. per night)
- 501 W. Bonita Ave., San Dimas, CA 91773
- Website: bestwestern.com
- +1-909-592-0500

### Red Roof Inn San Dimas

- 1 Queen Room \$85 (est. per night)
- 204 North Village Court, San Dimas, CA
- Website: redroof.com
- +1-909-599-2362

## Places to Eat

Below is a list of restaurants within walking distance of campus. We hope this will help you discover some of the places where our students enjoy spending time outside of class.

### Namba Coffee Co.

**Description:** Trendy and laid back coffee shop serving lattes, teas, and pastries.

| Yelp Rating | Price Range | Popular Dishes                    |
|-------------|-------------|-----------------------------------|
| 4.9 Stars   | \$3-5       | Sweetheart Latte<br>Avocado toast |

### Granny's Yogurt

**Description:** Granny's Yogurt is a delicious place to find ice cream, frozen yogurt, boba, juices, and smoothies.

| Yelp Rating | Price Range | Popular Dishes                 |
|-------------|-------------|--------------------------------|
| 4.3 Stars   | \$3-8       | Thai tea boba<br>Frozen Yogurt |

### Cafe Allegro

**Description:** Fine dining Italian restaurant. Casual atmosphere, appropriate for a night out with friends and family.

| Yelp Rating | Price Range | Popular Dishes                                       |
|-------------|-------------|--|
| 3.5 Stars   | \$11-30     | Penne explosive<br>Bruschetta<br>Spaghetti bolognese |



## Cafe Wang

**Description:** Cafe Wang offers American-Chinese food, Chinese fusion dishes, and an extensive tea and drink menu. The restaurant is large, able to accommodate 100+ people, and has a bar.

| Yelp Rating | Price Range | Popular Dishes  |
|-------------|-------------|---|
| 4.5 Stars   | \$11-30     | Orange chicken<br>Walnut shrimp<br>Chow mein<br>Rainbow dumplings |

## Roberta's Village Inn

**Description:** Old school diner with homemade breakfast options all day. (cash only)

| Yelp Rating | Price Range | Popular Dishes                                 |
|-------------|-------------|--|
| 4 Stars     | > \$10      | Waffles<br>Chili omelet<br>Country fried steak |

## Warehouse Pizza

**Description:** Laid back pizza place with arcade games and TV for entertainment. Outdoor seating is available as well. (cash only)

| Yelp Rating | Price Range | Popular Dishes                               |
|-------------|-------------|--|
| 4 Stars     | \$11-30     | Pepperoni pizza<br>Side salad<br>Breadsticks |

## Fourth Street Mill

**Description:** Fun and intimate gastropub with good drinks and good food. They have a small, rustic industrial design, which makes this interior area cozy and fun.

| Yelp Rating | Price Range | Popular Dishes   |
|-------------|-------------|--|
| 4 Stars     | \$11-30     | Grilled pork tartine<br>Bacon wrapped shrimp<br>Duck burger<br>Buffalo fries |

## Chase's La Verne

**Description:** Chase's specializes in new American cuisine, including a wood fire grill for steaks, chops, fresh fish and vegetables.

| Yelp Rating | Price Range | Popular Dishes   |
|-------------|-------------|--|
| 3.5 Stars   | \$11-30     | Stuffed mushrooms<br>Artichoke dip<br>Wesley burger<br>Truffle fries |

## Miss Donuts and Bagels

**Description:** Miss Donuts provides a great home-like atmosphere where you will always be greeted with a smile while getting your daily donuts, bagels, and iced coffee.

**Yelp Rating**

4.5 Stars

**Price Range**

> \$10

**Popular Dishes**

Iced coffee  
Thai iced tea  
Spicy cheddar bagel  
Big Apple bagel sandwich

## Lordsburg Taphouse & Grill

**Description:** Lordsburg is a nice pub-like restaurant where you can enjoy a night of eating American style food and drinks and entertainment, such as trivia night.

**Yelp Rating**

3.5 Stars

**Price Range**

\$11-30

**Popular Dishes**

La Verne burger  
Nachos  
Hangover burger  
Steak fries

## House of Wings

**Description:** House of Wings offers tasty chicken wings, fries, and drinks to enjoy while watching your favorite sports teams.

**Yelp Rating**

3.5 Stars

**Price Range**

\$11-30

**Popular Dishes**

Irish nachos and wings  
(mild, spicy garlic, mango  
habanero, and lemon pepper)

## Argo Mediterranean Grill

**Description:** Fast casual, Mediterranean food place serving a variety of kabobs and desserts.

**Yelp Rating**

4.5 Stars

**Price Range**

\$11-30

**Popular Dishes**

Chicken kabob (plate)  
Falafel plate  
Beef kabob  
Lamb kabob  
Chicken lule

## Aoki Japanese

**Description:** Aoki Japanese Restaurant offers various Japanese food ranging from teriyaki specials to sushi, rolls, and udon soup.

**Yelp Rating**

3.5 Stars

**Price Range**

\$11-30

**Popular Dishes**

Salmon tostadas  
Asparagus sticks  
Alaska roll  
Spicy tuna lettuce wrap

## El Merendero

**Description:** El Merendero offers authentic Mexican food that will definitely satisfy your hunger.

### Yelp Rating

3.5 Stars

### Price Range

\$11-30

### Popular Dishes

Chilaquiles  
Huevos rancheros  
Mojarra frita  
(fish plate)

## Places to shop

### Grocery Stores

#### Stater Brothers

2090 Foothill Blvd.  
La Verne, CA 91750

#### Vons

1600 Foothill Blvd.  
La Verne, CA 91750

#### Target

2462 Foothill Blvd  
La Verne, CA 91750

### Shopping Malls

#### Montclair Plaza

5060 E. Montclair Plaza Lane  
Montclair, CA 91763  
+1-909-626-2442

#### Ontario Mills

One Mills Circle  
Ontario, CA 91764  
+1-909-484-8300

#### Victoria Gardens

12505 North Mainstreet  
Rancho Cucamonga, CA 91739

#### The Grove

189 The Grove Drive  
Los Angeles, CA 90036  
+1-323-900-8080

#### Irvine Spectrum Center

670 Spectrum Center Dr.  
Irvine, CA 92618  
+1-949-753-5180

### Ethnic Food Markets

#### 99 Ranch Market (Asian)

2959 Chino Ave.  
Chino Hills, CA 91709  
Mon-Sun: 9 a.m.–9 p.m.

#### Hoa Binh Pomona Super Market

1093 E. Holt Ave.  
Pomona, CA 91769

#### HH2 Rowland Heights (Chinese)

18414 Colima Rd.  
Rowland Heights, CA 91748

## Banking

We encourage students that are planning to stay in the United States for a long period of time to open a bank account. This will ensure that your money is safe and that you have access to it whenever you need it. This will also keep you from carrying large amounts of cash on your person, which can be dangerous. There are several banks in the area. The closest are:

### **Bank of America**

1399 Foothill Blvd.  
La Verne, CA 91750  
+1-800-432-1000

### **Chase**

2086 Foothill Blvd.  
La Verne, CA 91750  
+1-909-392-1987

## Cell Phones

If you are interested in purchasing a cell phone, there are several companies that offer cell phone services to students.

### **AT&T**

1215 Foothill Blvd.  
La Verne, CA 91750  
+1-626-327-4249

### **Verizon**

1564 Foothill Blvd.  
La Verne, CA 91750  
+1-909-962-7075

### **T-Mobile**

2367 Foothill Blvd.  
La Verne, CA 91750  
+1-909-741-1203

## Child Care Options

The University of La Verne does not offer child care options. You may look into the following locations for day care or pre-school.

### **Bright Beginnings Preschool**

3602 Wheeler Ave.  
La Verne, CA 91750  
Phone +1-909-353-9306

### **Fairplex Child Development Center**

1101 W. McKinley Ave.  
Pomona, CA 91768  
Phone: +1-909-865-4101

### **Kiddie Academy**

931 Baseline Rd.  
La Verne, CA 91750  
Phone: +1-909-392-3333

## Children Going to School

University of La Verne students who have dependent children that are old enough to go to school will need to be enrolled in their own schools. If your children are going to attend schools in the Pomona or Bonita Unified School Districts, they will need the following before they can start classes:

### **Immunizations:**

- Immunization record
- Tuberculosis test
- Mahan 2 Test (more extensive Tuberculosis Test)

### **Forms:**

- Grade transcripts
- Copy of birth certificate or passport
- Proof of residency

University of  
La Verne