

University of La Verne
Principles of Psychology
Brief Course Syllabus

Psychology 101 Online
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Course Guide

This course provides a broad introduction to the major concepts and terminology of the field of psychology by examining the contemporary theories and basic principles underlying human behavior. It is designed to develop students' understanding of themselves; their personality, their thinking, their behavior and their social relationships. This course examines the causes and correlates of behavior and the anatomical, physiological and learning factors responsible for the formation and functioning of human psychological capacities. Among the topics covered in this course are: the historical foundations of psychology, biological bases of behavior, cognition, emotions, learning, human development, personality, psychological disorders, psychotherapy and behavior change, and social behavior. In addition, students become acquainted with the scientific method and the various experiments conducted in the area of psychology. Emphasis will be placed on the application of psychological knowledge to improving the quality of human life.

All instructional materials for this course can be found on Blackboard (<http://bb.laverne.edu>).

This Course meets the ASBH Soc Sci - Behavioral Science, LVSS Social Science, GESSa Behavioral Science Requirement

Text: Hockenbury, Sandra, E., Nolan, Susan A. & Hockenbury, Don, H. (2015) *Psychology*, 7th edition, New York: MacMillan Publishing.

Course Requirements:

1. **Exams:** There will be 5 on-line multiple choice (50 question) exams throughout the semester. Each exam will be posted on the Course Exam page of Blackboard for a period of 2 days (beginning Saturday at 8 am and closing Sunday at 11pm).
2. **Video Assignments:** You are to view and summarize the major theme of "Discovering Psychology" videos you are to access online. Each video program uses real-life situations and the commentary of research experts to introduce major themes and topics in Psychology. Phillip Zimbardo, retired Professor of Psychology from Stanford University, hosts each program.
3. **PsychSim 5 Assignments:** You are required to complete 13 (10-15 minute) interactive graphic simulation and demonstration activities. These brief activities require you to read a short article or watch a short demonstration available on the internet.

For Extra Credit:

4. **Video Assignments for Extra Credit:** You may choose to review and write a summary for any of the videos in the "Discovering Psychology" series marked as **Extra Credit** in the Course Schedule.

5. **PsychSim5 Assignments for Extra Credit:** You may choose to complete any of 7 PsychSim 5 Assignments marked as **Extra Credit** in the Course Schedule.
6. **Quizzes for Extra Credit:** For each of the 5 sections of this course, a set of 3 quizzes corresponding to each of that section's chapters will be posted in the Student Resources section of Blackboard.

Optional Work:

7. **Study Exercises:** In the Course Documents section of Blackboard, you will find Student Resources for each chapter. There are Power Point Lectures, Flash Card Activities, Video Clips, Web Links, and Practice Quizzes. You may find these resources helpful when reading the text and studying for either Chapter Quizzes or Course Exams.
8. **Discussion Board:** You may use the Discussion Board to ask questions of the whole class, comment on the work of the class, or any of the other things that you would normally do in class discussions before, during, and after class. You can make requests, ask for help, form study groups or just chat with other class members.

Course Evaluation

Grades will be given based on cumulative points acquired based on the grading system below. There are 306 points for assigned Exams, Video Summaries, and PsySim5 Worksheets. Extra credit points from Chapter Quizzes, Additional Video Summaries and Additional PsychSim 5 Activities will be added to the total number of points you accumulate.

Required Course Activities

Video Summaries	30 points (2 points each)	14% of Final Grade
Exams	250 points (50 points each)	78% of Final Grade
PsySim5 Assignments	26 points (2 points each)	8% of Final Grade
Total Points for Required Course Activities	306 points	

Class Schedule

The course is divided into 5 units, each being 14 days long. In each of the 5 units you are required to read 3 chapters in the text, view and summarize several ½ hour videos, do several PsychSim5 activities, and, at the end of the unit, take a Course Exam. **For Extra Credit**, you can view and summarize additional videos, take Chapter Quizzes, and complete additional PsychSim5 activities.

*** After a Video or PsySim5 Activity indicates Extra Credit Activity**

Unit	Dates	Topics	Read	Video	PsychSim
1.	June 11 – 14	Introduction to Psychology	Chapter 1	1, 2*	1, 2*
	June 15 – 18	Neuroscience	Chapter 2	3, 4*	3, 4*
	June 19 - 22	Sensation & Perception	Chapter 3	7	5*, 6
Video and PsychSim5 Assignments (required and extra credit) for this section completed by Sunday, June 24, 11pm					

Extra Credit Chapter Quizzes 1-3 completed by Friday, June 22, 11pm Exam #1 Chap. 1-3 Saturday, June 23, 8 am – Sunday, June 24, 11pm					
2.	June 25 - 28	Consciousness	Chapter 4	13, 14*	7*, 8
	June 29 – July 2	Learning	Chapter 5	8, 25*	9
	July 3 - 6	Memory	Chapter 6	9, 6*	10
Video and PsychSim5 Assignments (required and extra credit) for this section completed by Sunday, July 8, 11pm Extra Credit Chapter Quizzes 4-6 completed by Friday, July 6, 11pm Exam #2 Chap. 4-6 Saturday, July 7, 8 am – Sunday, July 8, 11pm					
3.	July 9 - 12	Thinking, Language & Intelligence	Chapter 7	10, 11*	11*, 12
	July 13 - 16	Motivation & Emotion	Chapter 8	12, 16	13*, 14
	July 17- 20	Lifespan Development	Chapter 9	5, 18	15
Video and PsychSim5 Assignments (required and extra credit) for this section completed by Sunday, July 22, 11pm Extra Credit Chapter Quizzes 7-9 completed by Friday, July 20, 11pm Exam #3 Chap. 7-9 Saturday, July 21, 8 am – Sunday, July 22, 11pm					
4.	July 23 - 26	Gender & Sexuality	Chapter 10	17	
	July 27 – 30	Personality	Chapter 11	15*, 26*	
	July 31 – Aug. 3	Social Psychology	Chapter 12	19, 20*	16
Video and PsychSim5 Assignments (required and extra credit) for this section completed by Sunday, Aug. 5, 11pm Extra Credit Chapter Quizzes 10-12 completed by Friday, Aug. 3, 11pm Exam #4 Chap. 10-12 Saturday, Aug. 4, 8 am – Sunday, Aug. 5, 11pm					
5.	Aug. 6 - 9	Stress, Health, & Coping	Chapter 13	23*	17, 18*
	Aug. 10 - 13	Psychological Disorders	Chapter 14	21	19
	Aug. 14 - 16	Psychotherapy	Chapter 15	22, 24*	20
Video and PsychSim5 Assignments (required and extra credit) for this section completed by Sunday, Aug. 19, 11pm Extra Credit Chapter Quizzes 13-15 completed by Friday, Aug. 17, 11pm Exam #5 Chap. 13-15 Saturday, Aug. 18 8am - Sunday, Aug. 19, 11pm					