

8 Week Session Time Options

60% In Person 40% Hybrid

M, W, or F (1 SH)	MW (2 SH)	M, W, or F (2 SH)	MW (4 SH)	M, W, or F (4 SH)	M, W, or F (3 SH)
55 Min 8:15-9:10 YA		110 Min 8:15-10:05 YF		220 Min 8:15-11:55 YI	200 Min 8:15-11:35 ZE
55 Min 9:25-10:15 YB					
50 Min 10:40-11:35 YC		110 Min 10:40-12:30 YG			
50 Min 1:10-2:05 YD		110 Min 1:10-3:00 YH		220 Min 1:10-3:50 ZC	200 Min 1:10-3:30 ZF
50 Min 2:20-3:15 YE					
		110 Min 4:00-5:50 ZA			165 Min 4:00 - 6:45 YT
		110 Min 6:00-7:50 ZB		220 Min 6:00-9:40 ZD	200 Min 6:00-9:20 ZG
					165 Min 7:00 - 9:45 YV

8 Week Hybrid Session Time Blocks

60% In Person 40% Hybrid

T or R (1 SH)	TR (2 SH)	T or R (2 SH)	TR (4 SH)	T or R (4 SH)	T or R (3 SH)
55 Min 7:55 - 8:50 YJ		110 Min 7:55 - 9:45A YP		220 Min 7:55 - 11:35 YS	200 Min 8:15-11:35 ZE
55 Min 8:55 - 9:50A YK					
55 Min 9:55 - 10:50A YL		110 Min 9:55 - 11:45A YQ			
				220 Min 1:10-3:50 ZC	200 Min 1:10-3:30 ZF
55 Min 12:05 - 1:00P YM		110 Min 12:05 - 1:55P YR			
55 Min 1:05 - 2:00P YN					
					165 Min 4:00 - 6:45 YT
				220 Min 6:00-9:40 ZD	200 Min 6:00-9:20 ZG
					165 Min 7:00 - 9:45 YV