

Dating Violence Myths and Facts

MYTHS

Dating violence only happens to women.

If they stay, it must not be that bad.

Jealousy and control are signs of love.

It's only abuse if there's physical violence.

Teens and college students don't experience real abuse.

FACTS

Dating Violence can happen to anyone. Regardless of gender, sexual orientation, or background. Men, nonbinary, LGBTQ+ individuals can also be victims.

Survivors stay for many complex reasons: fear, isolation, love, lack of resources, or safety concerns. Leaving can be the most dangerous time.

Jealousy, possessiveness, and controlling behaviors are signs of abuse, not love. Healthy love includes trust, respect, & boundaries.

Dating violence includes emotional, verbal, sexual, digital, and financial abuse. Not just physical harm.

People ages 16-24 are at the highest risk for dating violence. It's real, harmful and widespread among young people.

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